

**Capital Gains and Losses Worksheet (Schedule D)**

Description of Property (Ex. 100 sh. XYZ Co.)	Date Acquired	Date Sold	Sales Price	Cost or Basis

**ISO (Incentive Stock Options)**

Company Name / Symbol	No. of Share	Grant Date	Grant Price per Share	Exercise Date	Market Price per Share when exercising	Fees Paid

**NQSO (Non-qualified Stock Options)**

Company Name / Symbol	No. of Share	Grant Date	Grant Price per Share	Exercise Date	Market Price per Share when exercising	Fees Paid

**RSU (Restricted Stock Units)**

Company Name / Symbol	No. of Share	Date Granted	Date Vested	Market Price per Share	Price paid per Share	Fees Paid

**ESPP (Employee Stock Purchase Plan)**

Company Name						Symbol	
Plan Discount Percent		%					
No. of Share	Begin Date	Market Price per Share	Date of Purchase	Market Price per Share	Price paid per Share	Fees Paid	